

# **FARM TO EVERYTHING!**

A Quarterly Newsletter from the NJDA Farm to School Team

Spring 2018 Volume 8

### 2018 Spring Newsletter

Is it really SPRING yet? The calendar says it is but the temperatures have been flirting with the idea. We're happy to bring on warmer days, school garden activities and farmers getting in the field. Sound good?

The Farm to School team at NJDA just returned from Cincinnati, attending the 9<sup>th</sup> Farm to Cafeteria Conference with almost 1000 other attendees from around the country. See some of our photos on

#### Facebook, Twitter and Instagram.

New Jersey had representative CACFP sponsors, FoodCorps NJ schools and service members, a principal and teacher who bring F2S passion to their work and a dedicated food service director from a Newark charter school.

There is SO MUCH going on around the country and we were proud to represent the Garden State to show what we do, too!

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### May is the month for ASPARAGUS!

May IS the month for asparagus!

Check out our <u>Jersey Tastes</u>
<u>ASPARAGUS flyer</u> that is
downloadable and can be used
in classroom and cafeteria alike
to highlight this beautiful spring
veggie.

Check out our two-sided, downloadable seasonality card for asparagus that shows how it grows, what it looks like and what it can be made into for delicious taste tests and meals.

Send us your recipes so that we can start to compile a list of recipes you're using for Farm to School menus and classroom instruction.



# Growing, Cooking, Serving



#### **FARM TO SCHOOL:**

Schools across the state will be featuring items grown in New Jersey in school meals and classroom instruction during this year's *Jersey Fresh Farm to School Week*, September 24-28, 2018.

<u>Plan now to purchase</u> New Jersey tomatoes for

September's Jersey Tastes Tomatoes Celebration!





#### **FARM TO SUMMER:**

The NJDA Summer Food Service Program planning is gearing up for Summer 2018 with trainings scheduled over the next two months and summer feeding sites making plans for activities and Farm to Summer menu items.

Click <u>here</u> to learn more and create menus offering foods grown on New Jersey farms.



#### **FARM TO PRESCHOOL:**

NJDA Secretary Fisher visited
Alphabets Preschool in Asbury
Park in April to highlight the
school's embrace of all things
Farm to Preschool.

From scratch cooking, to hands-on school garden lessons taught in the school's garden, this preschool represents the ways in which the youngest among us can learn to love fresh fruits and vegetables.



# We want to hear from you!

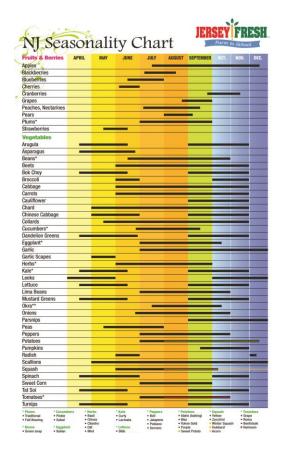
Tell us what you did during *Jersey Fresh Farm to School Week* and if you're celebrating *Jersey Tastes!* with local produce tastings!

Send an email to <a href="mailto:newjerseyf2s@ag.nj.gov">newjerseyf2s@ag.nj.gov</a> or call us at 609-292-8747 so we can highlight your events featuring local procurement, gardens and nutrition education with local produce on social media.

# Follow Us!



Click the seasonality chart to see what grows in the Garden State!





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